



The Retired Educator



Volume XI

November 2008

THE RETIRED EDUCATOR

Published By

Orange County Retired
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of you cards to those
who are ill

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to send sympathy
cards to members or
families.



PRESIDENT'S CORNER

Safari to Discovery is the State Theme this year. Each month we will make a new discovery

.Have you ever wanted to go to one of the FREA State Assemblies? You have an opportunity to win one of seven (7) free registrations being offered by FREA. Here's the details:

On the first of each month, October through April, a Safari question will be put on the FREA website (www.frea.org). Research the answer if you must. Send your answer in an e-mail to libby@frea.org or send a postcard to FREA, 10051 Fifth Street North, Suite 108, St. Petersburg, FL 33702-2211---Attn. Libby Brut.

Each response MUST contain your name, your unit, your phone number or your e-mail address, and the correct answer. Visit <http://frea.org/MonthlyQuestion.htm> for the current question.

In October we had the opportunity to **DISCOVER** more about our local candidates. Presenting their views and credentials were:

- Candidates for **Orange County Sheriff** Jerry Demings (D) and John Tegg (R) ; **Supervisor of Elections** Bill Cowles (D) and Manny Garcia (R) ; **Orange County Clerk of the Courts** Lydia Gardner (R) and **Florida State Attorney Circuit 9** Lawson Lamar (D)

A special thank you to Larry Ady for such an outstanding program and to the Candidates who stayed after the meeting to visit with members and answer their questions.

On November 6 we will present a program on Senior Driving Safety. This is one **DISCOVERY** you will not want to miss. Your life may depend on it.

Thanks to all who brought refreshments, Ouida for smiling and greeting people, Pam Smith for came early to help set up and those who stayed to helped clean up.

Cultural Affairs

Ann Carmine
e-mail carmina1012000@yahoo.com
phone # 407-876-4372.



November 8 - in Tampa harbor
'American Victory' ship
"Salute to Veterans"
WWII museum/ship Cruise 9AM-3:30 PM
Cost \$125 includes continental breakfast
and box lunch. Attend on your own or car-
pool with the Carmines..

November 12 - UCF Arena
"Celtic Thunder" -
Irish music - Attend on your own.

November 21-23
"Chocolate Nutcracker"
at the Bob Carr - on your own.

December 10 — Group field trip
to Dunedin for lunch, shopping time, and
Kirk Organ Christmas Concert.
Depart 7:45 AM Return 7:00 PM
Cost \$72.00 to Ann by Nov. 20.

December 13
2:30 PM - Plaza Theatre
"A Christmas Story" based on 1983
movie.
Cost \$28.00 to Ann by Nov. 20.

Mark your calendar for
"Driving Miss Daisy"
at the Plaza Theatre
March 7 at 3:30 PM..

Credit Union News

By Nancy L. Whitecavage

GO TEAM!

The National Association of Federal Credit Unions (NAFCU) is a respected trade association that represents the interests of federal credit unions before the federal government and the public. NAFCU/PAC is NAFCU's Political Action Committee. It was established to help credit unions remain a powerful and influential political force by raising voluntary funds for federal candidates who support credit union issues.

Belonging to CFE means that you are part owner in the credit union. Our ability to operate on your behalf directly affects you in terms of the products, services, rates, and dividends we can offer. The support of NAFCU furthers our success.

That's why CFE is having a fund raiser to support NAFCU/PAC. Just in time for college football, we are selling adorable college-themed PAC bears for just \$6 each. There are six Florida university teams from which to choose: FSU, UCF, UF, Miami, Florida A&M and just added, USF! All proceeds from the sale benefit NAFCU/PAC.

New and Improved Movie Tickets Coming Soon for CFE Members

CFE is upgrading our current Regal Cinema and AMC Theatre movie passes to elite, no- restriction passes. They will be sold for \$7.50 per ticket, saving you \$2 each on average compared to tickets sold at the theater or online.

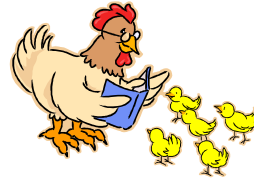
New features include:

- Accepted anytime seven days a week (including the first day the movie opens!)
- Good at any theater nationwide
- No expiration date

You'll be able to purchase the enhanced tickets at any CFE ATM (excluding McDonald's ATMs) by the end of October.



In the event of inclement weather, OCREA will follow OCPS school closings regarding any scheduled meetings or activities. Listen to the local news for announcements of school closings.



Literacy

Henrietta Sebag

For the month of September we had 116 new hours.

Here are some ideas to become a Literacy volunteer: assist in a classroom;

- tell or read stories to children, adults or in nursing homes;
- judge an essay;
- purchase books for non-readers or readers who need to improve their skills.

So, with this info, start or continue to be a volunteer!

HEALTH CORNER

Lois Kolski

Where have all the doctors gone - And what do we do to get them back?

This question was posed by Patricia Barry in the AARP Bulletin-September 2008. Reportedly, Primary Care Physicians are retiring early, ceasing to take new patients and the young medical students are choosing to go into specialties. Current research suggests Primary Care physicians generally make half or a third of what doctors in many specialties make, yet their workdays are longer and their overhead higher. In 2006 only 13% of first-year medical residents said they intended to pursue a career in General Practice. According to the article, "Ensuring everyone has health insurance without ensuring them a regular source of primary care, is like providing currency without a marketplace". This suggests a growing crisis.

What to do?

BE PROACTIVE. First, stay aware of your Primary Care Physician's retirement plans and ask for recommendations for a doctor who will take new patients. Reportedly some local doctors are beginning to limit their patient load. If you have plans to relocate be certain there are Primary Care Physicians available in the area to meet your needs and that they are taking on new patients.

Next "think outside the box", as we used to tell our students, brainstorm ideas and consider solutions to this problem. Make your ideas and your voice heard by writing or emailing your politicians, AARP, the American Medical Association and any other organizations that you feel can help address this rising concern. While we continue to push for affordable health care let's also make sure we will continue to receive quality care from a doctor who knows us and who is willing to meet our specific medical needs.

SPECIAL PROJECTS

Carol Egolf

ADULT LITERACY LEAGUE
COLLECTION

November 6 is the date for our annual collection of materials for the Adult Literacy League. Some of us have already purchased items like paper, pencils, index cards. This year we will focus on the Family Literacy programs, particularly the Blue Mail Bag Club. So, if you have not yet done your shopping for this event, please consider buying these items for the pre-literacy skills activities that are packed along with books, into the blue bags:

- crayons -- 8-pack, large-sized for those small fingers
- markers -- 8-pack, washable
- construction paper -- 9 x 11, a variety of colors
- copy paper -- colored esp. blue, ivory, pink, lavender
- ziploc storage bags -- 1 gallon or snack sizes

Some OCREA volunteers currently work with Sherry Clark, the coordinator of the Family Literacy projects. More volunteers are needed in all areas of the Adult Literacy League's services. Call 407-422-1540.
***Let's fill many boxes of supplies on Nov. 6.

Corrections to Yearbook:

- page 1 - Ann Winn email is harriswinn@hotmail.com
- page 3 - Marie Grein email—take out frea...it is megrein@verizon.net
- page 3 - Wendy Bice...email is wrbice@yahoo.com no "r" in Bice
- page 4 - Ann Winn email again is harriswinn@hotmail.com
- page 9 - Ann Carmine e-mail address is: carmina1012000@yahoo.com

New Members or renewals since last newsletter:

Check your printed newsletter for the names of these new members

Membership total 363

COMMUNITY SERVICE

Arleen Stalnaker

A big sincere thank you to the 39 members who have given 4,219 hours of service to our community. Will you help us increase these numbers? Please keep a record of the time you volunteer and report it to me. You don't have to use the form we have. One of the most faithful and hard working volunteers is Ouida Harmon. She is our Volunteer of the Month. Next month we will be honoring someone else. Below is a list of places that have community service volunteer opportunities.

Ronald McDonald House.....	407-206-0957
A Gift for Teaching.....	407-345-0515
Beta Center.....	407-398-6205
Orlando Science Center.....	407-514-2000
History Center.....	407-836-8500
Retired & Senior Volunteers Program....	407-422-1535

Website: www.volunteermatch.org (Then enter your zip code to see more opportunities)

FREF Report

FREF Chairperson Chris Couch

October is the month to distribute the FREF Scholarship materials to each of the high schools in Orange County. Students who apply for the FREF Scholarship must return their applications to me by January 15, 2009. If you have family members who plan to enter the education field and wish to apply for the scholarship, please remind them to check with their school guidance counselor for the application packet.

Thanks to those board members who volunteered to deliver the scholarship packets to the high school guidance counselors.

Contributions to the Scholarship Fund for September.

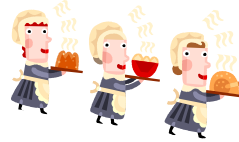
General Meeting: \$81.96 Little Red Schoolhouse
Board Meeting: \$17.10 Little Red Schoolhouse

The 2008 Florida Statutes

683.16 **Retired Teachers' Day.--**

- (1) The Sunday commencing the third week of November of each year is hereby designated as "Retired Teachers' Day."
- (2) The Governor may issue annually a proclamation designating the Sunday commencing the third week of November of each year as Retired Teachers' Day and calling upon public schools and citizens of the state to observe the occasion and to take the opportunity to honor the retired teachers of the state.

*This is more than a meeting
It's a little break in life
To enjoy the company of special people*



**HOSPITALITY FOR
NOVEMBER MEETING**

**OCREA GENERAL MEMBERSHIP
MEETING**

Thursday, November 6, 2008

College Park United Methodist Church
(located at corner of Edgewater & Harvard across from Publix)

10:00 a.m. Continental breakfast & Social hour

10:30 a.m. Program and Business

PROGRAM: Senior Driving Safety

SPEAKER: *Roger Bethard*

Hosts & Hostesses:

*Members with last names beginning with **D-H***

Sure hope you will be there!

Due to limited parking, please carpool if possible.

Our hosts for the November meeting will be members with last names beginning with D-H. They will bring a refreshment to share with our members at the Nov 6th general meeting. Please have your goodies at the meeting by 10:00 AM.

Greeting us at the door will be Arleen Stalnaker and Ruth Ford.

A centerpiece will be provided for us by Carol Egolf.

Thought for the Day -- Arleen Stalnaker

Providing Coffee for us — Rufus Brooks

These are the folks who signed up for Ronald McDonald House snacks for October:

Carol Egolf, Mary Long, Blanca Hernandez, Phyllis Tacey, Ellen James, Julia Greene, Ouida Harman, Patricia Johnson

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