

The Retired Educator

Volume VIII

March 2006

Issue 6

PRESIDENT'S CORNER

What a great turnout we had for the February "Birthday Bash"! If you weren't there, you missed delicious food, lots of door prizes, and wonderful fellowship. Thanks to our Program Chairman, Carol Egolf, and her committee, for doing such a great job in decorating the tables, organizing the food, providing entertainment, and finally the cleanup. Twenty-two door prizes were awarded throughout the meeting using various criteria for winning....oldest, youngest, drawing numbers, etc.

Four members of our "Nineties Club" were in attendance and were awarded prizes. They were Lucille Bateman, Ruth Hawk, Anne Williams, and Essie Wilson.

A short business meeting followed the lunch. The slate of officers for OCREA and the Housing Board were voted on and elected for 2006-2007.

Joe Canzoneri, a member of the Orange County Sheriff's Office, returned to distribute the 911 cell phones and decals.

Thanks to all those who brought pet food. This will be distributed to people who get Meals On Wheels and own a pet that also needs food.

Several baked goods and snacks were brought for the Ronald McDonald houses. Thanks to those good members. Our OCREA is involved in several community projects and all of you are to be congratulated for what you do!

Our March 2 meeting will feature a speaker from Elderhostel and a "WHITE ELEPHANT SALE". Please bring some

items to bid on and/or plants and baked goods. This money goes to the scholarship fund so don't forget to bring shopping money or your check book. This is another way that you can help.

We had great attendance for February so I'm counting on YOU to be there on March 2.

Enjoy life, stay healthy and be safe!

Julia Greene

Congratulations are in order for Ellen James. She has been nominated for FREF trustee for our District VIII. The election will be at the annual assembly in May.

GENERAL MEMBERSHIP MEETING

Thursday, Mar. 2, 2006

College Park United Methodist Church
(located at corner of Edgewater & Harvard across from Public)

10:00 a.m.-Continental breakfast &
Social Hour

10:30 a.m.-Program and Business
PROGRAM: Jeannette Smith, from the
Canterbury Retreat. Topic: Elderhostel /White
Elephant Sale

HOSTS & HOSTESSES: all members with last
names beginning with L-P

PLEASE PLAN TO ATTEND!

Due to limited parking, please carpool if
possible.

Credit Union News

CFE and VITA Join Forces to Provide Free* Income Tax Preparation for the Community

CFE members and staff will volunteer their time to provide free* income tax preparation for those qualified in our communities. Besides providing free preparation, another important goal of the Volunteer Income Tax Assistance (VITA) program is to help eligible families take advantage of the Earned Income Tax Credit (EITC). This credit could provide a substantial benefit for those who may not even be aware of their eligibility.

If you or someone you know is eligible to participate in the VITA program, CFEs Winter Garden and Weber South locations will provide preparation services from February 1 through April 1, 2006 as follows:

***Winter Garden branch**

950 9th Street

Feb. 1- March 31, 2006

Tues., Wed., Thurs. 10 am- 4 pm

***Weber South**

921 N. Mills Ave.

Orlando, FL 32803

Feb. 4 April 1, 2006

Saturdays 10 am 4 pm

HOSPITALITY FOR MARCH MEETING

Our hosts for the March meeting will be those members with last names beginning with L-P. Please plan to bring a refreshment to share with our members at the Mar. 2nd general meeting.

Door greeters for the March general meeting will be Elaine Pennington and Joyce Marhoefer. Sue Orth did the centerpiece for us. Thanks to all!

COMMUNITY SERVICE & LITERACY HOURS -- final totals DUE at the MARCH meeting.

THE RETIRED EDUCATOR

Published By
Orange County Retired
Educators Association
P.O.Box 667325
Orlando, Florida 32867

President	Julia Greene
Vice-President	Carol Egolf
Recording Secretary	Elaine Sloan
Corres. Secretary	Eleanor Kenyon
Treasurer	Robert Ford
Editorial Team	Mildred Dunlap/ Sue Strauss

CULTURAL ARTS CORNER

Last event of the year: April 15, 2006 **Saturday Matinee-Show Starts at 1:00 p.m.**

Newly reopened Starlight Dinner Theater to see "42nd Street"!!

Dinners are now served at the table with a choice from approx. 5 entrees. Tax and tip included in price. Meal service begins at 11:30 a.m.

Please call to reserve your tickets for yourself, family and friends. I've reserved 28 seats , center section- so first come, first served. Allyson Pollard - (407) 282-9787.

Group tickets will cost us \$36.00 ea. which includes tax and gratuity. Payment **due by March 20th** to Allyson Pollard, 7656 Boreas Dr.,Orlando, Fl. 32822

Make checks payable to Allyson.

RONALD McDONALD'S HOUSES

Our deliveries of snacks to the House near Florida Hospital South and to the House across from Arnold Palmer Hospital are so much appreciated by the families who stay at these facilities. If you have not yet participated in this ongoing service project, be sure to sign up next year (we also need a few more people for this May). These members have volunteered to bring goodies in March: Carol Egolf, Dave Greist, Mary Long, Joyce Marhoefer, Sue Orth, Elaine Sloan, Sandy Smith, Agnes Trimble, Margie Wells. Remember to use stackable containers, if possible.

IN MEMORIAM

Grace Hodge - January 15, 1923-January 24, 2006

She taught at Boone H.S. for 26 years and was a member of OCREA for over 20 years. She served as the recording secretary from 1994-2000. She also served as recording secretary for FREA from 2002-2004.

Mary T. Bell - September 19, 1917-January 15, 2006

Mary taught at Pine Hills Elem. and Evans H.S. She was an OCREA and FREA member for over 20 years.

Milan "Mike" James, husband of board member Ellen James, passed away on December 5, 2005.

Charlie Stone, (98 years old) father of board member Arleen Stalnaker, died January 30,2006.

Richard C. Gholson, husband of long time member Ruth Boaz Gholson, died on January 24, 2006.

HELP WANTED

The Adult Literacy League has a student who wants to progress faster in reading. He is willing to pay a tutor. If there is anyone in OCREA who would like to make a few bucks, please notify Henrietta Sebag at 407-568-1983 and she will contact the student who is looking for a tutor.

OCREA OFFICERS FOR FOR 2006-2007

Carol Egolf-President
Frank Johnson-Vice President
Ele Kenyon-Corresp. Secretary
Shirley Pettit, Recording Secretary
Bob Ford, Treasurer

Directors: Elaine Sloan, Richard Gomer, Larry Ady
Housing Board/Directors: Pat Foreman, Larry Ady,
Tom Ard

The above slate of officers was voted on and elected at the February general OCREA meeting. Congratulations to all!



MARCH WHITE ELEPHANT SALE

You've been saving items for over a year -- now is the time to bring them to our White Elephant Sale. Plan to arrive with your donations between 9:45 & 10:15 am. Find the check-in table, get your table assignment & auction cards. Plan to arrive early to shop at the instant-purchase tables & to participate in the silent bidding for all the great merchandise. Browse & buy before the meeting & during the break. After the meeting, check the items on which you bid to see if yours is the last & highest offer, then take your "loot" to the cashiers' table. Don't forget to bring your mad money, cookie jar stash, or a check. This is a fundraising event for FREF, the scholarship foundation. Everything must go!



FREF FUNDRAISER DOLLARS FOR SCHOLARS

FREF Trustees are offering the "Future Teachers' Fund" fundraiser for 2005-2006. Each \$2.00 donation will provide the donor an opportunity to win one of five one hundred dollars (\$100) bills.

Tickets will be available at each meeting throughout April. Winners will be selected May 26, 2006 at the FREA Annual Assembly.

All donations are applied to the Scholarship Fund. Thank you for your contribution to this worthwhile project.



PET FOOD XPRESS

February's civic project -- collecting cat and dog food -- was a huge success. Thank you to all who brought cans and bags of pet food, and special thanks to Shirley Pettit, who delivered the SIX BOXES of supplies to the SPCA on Conroy Road (and to the brawny gentlemen who carried the boxes to her car). Senior citizens who benefit from Meals on Wheels are eligible to receive these goods for their beloved pets. What about it -- next year, too?

LITERACY NEWS

The March 2nd meeting will be the last time I can collect your hours of literacy before I have to send the total hours to the State Literacy Chairman. As of the end of December we have 1005 hours with 22 volunteers participating. So it behooves us to count every hour we spend in the fight to increase literacy. So let's make the final push and collect those hours. Remember, any thing you do to improve the skills of persons to read and comprehend counts as literacy.

LITERACY HOURS

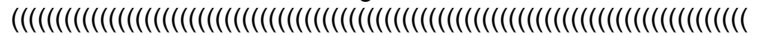
We now have a total of 1227 hours turned in by our OCREA members. Not too bad, but we can do better. We have only February to collect. Make sure all your hours are in by March 2. Thanks.

Name _____
Month(s) _____

Tutoring _____
Libraries _____
Schools _____
Miscellaneous _____

of hours from the above **total** that benefited young people: _____

Call or mail to Henrietta Sebag.



COMMUNITY SERVICE

Community service hours from March 1, 2005 to February 28, 2006 need to be turned in to me. Our state association, FREA, records all the hours from each local group. Thank you for all the time you have worked free on behalf of our friends, neighborhoods, churches, anything, anywhere.

Community Service Volunteer Report

Your volunteer hours are an expression of your dedication to others. Thank You.

Name: _____

Month: _____

Church related work: _____

Civic/Community: _____

Drug Programs: _____

Ecology/Environment: _____

Hospital/Hospice/Private: _____

Personal Help: _____

Schools: _____

OCREA: _____

FREA: _____

Misc. (List Activity) _____

Total hours: _____

Send to: Arleen Stalnaker

of hours from the above **total** that benefited young people: _____

EXERCISE: THE KEY TO MAINTAINING AN INDEPENDENT LIFESTYLE

The exciting news from recent scientific studies is that exercise benefits everyone - regardless of age. According to FREA, AARP, the National Institute on Aging, and the U.S. Public Health Services Office, a well balanced fitness plan should include exercises to improve endurance, strength, flexibility, and balance.

Just 30 minutes of activity a day can boost your health, protect against heart disease, adult-onset diabetes, arthritis, hypertension, osteoporosis and depression. Your activity options are limitless: Work on specific flexibility and balance exercises, strength building, go for a walk, dance, swim, or whatever you like. If you do not have time, or do not feel up to exercising for 30 minutes at a time, you can exercise at short intervals of 5 or 10 minutes. Start slowly and gradually increase your activity. Always check with your doctor before starting a strenuous exercise regimen. (Taken from AARP KEEP ACTIVE: GET MOVIN' , and PEP UP YOUR LIFE a Fitness Book for Mid-life and Older Persons).

NON-PROFIT ORG.
U.S. POSTAGE
PAID
Permit #494
Orlando, FL

ORANGE COUNTY RETIRED EDUCATORS ASSOCIATION
P.O. BOX 677325
Orlando, FL 32867-7325
Address Service Requested